

Benefizlauf Aachen

Ergebnisliste MW 10. Jedermannlauf 5 km

MW	StNr	Zeit	Name	m/w	AK	Verein	min/k
10. Jedermannlauf 5 km							
Weiblich							
1.	2795	00:22:01	Kristina Schaaff	w	W45	Kilometer gegen Krebs	4:24
2.	2975	00:23:44	Louisa Lamby	w	WJ	Pius Gymnasium	4:44
3.	2453	00:24:10	Kirsten Thiele	w	W35	Kardiologie UK Aachen	4:50
4.	2997	00:24:15	Luna Weinkauf	w	WJ		4:51
5.	2873	00:25:18	Sabina Kubis	w	W40	Laufgruppe SC Borussia 09 Inden	5:03
6.	2779	00:26:24	Lotte Geck	w	W30		5:16
7.	2896	00:26:46	Leona Göhler	w	WJ		5:21
8.	2796	00:27:02	Ariane Dieter	w	W		5:24
9.	3076	00:27:21	Susanne Kienert	w	W35	Agnesheim Stolberg	5:28
10.	2004	00:27:53	Mascha Heide	w	WJ		5:34
11.	2764	00:27:55	Sonja Lorsy	w	W45	Pius-Gymnasium Aachen	5:35
12.	2420	00:28:34	Nora Sempell	w	W		5:42
13.	2056	00:28:25	Hannah Groß	w	W		5:41
14.	2732	00:28:45	Christina Heyer	w	W40		5:45
15.	2526	00:28:29	Christine Gabriel	w	W55		5:41
16.	2652	00:28:54	Susanne Akl	w	W40	Akl Team	5:46
17.	2352	00:29:05	Anna Fischer	w	W		5:49
18.	2423	00:29:03	Antonia Kramer	w	WJ		5:48
19.	2537	00:29:15	Jule Wintgens	w	W30		5:51
20.	2170	00:29:14	Paula Weiskopf	w	W30		5:50
21.	2973	00:29:23	Julia Lamby	w	W50	Lauftreff Inde Hahn	5:52
22.	2418	00:29:40	Stefanie Milde	w	W35		5:56
23.	2846	00:29:40	Elena Maß	w	W		5:56
24.	2427	00:29:14	Nele Vom Berg	w	W	Lauf Forrest, lauf!	5:50
25.	3069	00:29:49	Samira Khoury	w	WJ		5:57
26.	2060	00:29:41	Chiara Dahmen	w	W	Praxis für Ergotherapie VIVALI	5:56
27.	2064	00:29:42	Linda Kerpen	w	W	Praxis für Ergotherapie VIVALI	5:56
28.	2039	00:29:51	Ellen Braun	w	W30		5:58
29.	2874	00:30:10	Jennifer Wenders	w	W30	Laufgruppe SC Borussia 09 Inden	6:02
30.	3028	00:29:57	Giselle Gbor	w	W	RUNNER SHOP TEAM	5:59
31.	2416	00:30:00	Eva Mair	w	W	Beverstreet Blizzards	6:00
32.	2769	00:30:36	Theresa Mohné	w	WJ		6:07
33.	3005	00:30:21	Frida Korth	w	WJ		6:04
34.	2853	00:30:40	Melanie Baetzen	w	W45	OINKBOYZ RUNNING	6:08
35.	2433	00:30:30	Caja Douteil	w	WJ	VfL Hinsbeck	6:06
36.	2341	00:31:07	Theresa Johnen	w	W		6:13
37.	2524	00:31:12	Anja Bergweiler	w	W40		6:14
38.	2041	00:31:09	Esther Geller	w	W50		6:13
39.	2728	00:31:14	Marielle Dardemann	w	W		6:14
40.	2642	00:31:27	Lea Knops	w	W		6:17
41.	2744	00:31:14	Elena Hall	w	W45	Pius-Gymnasium Aachen	6:14
42.	2122	00:31:24	Hannah Leisten	w	W		6:16
43.	2664	00:32:07	Viktoriia Stepanova	w	WJ	Akl Team	6:25

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Ergebnisliste MW 10. Jedermannlauf 5 km

MW	StNr	Zeit	Name	m/w AK		Verein	min/k
44.	2032	00:31:58	Ann-Christin Bötzen	w	W		6:23
45.	2682	00:31:58	Emily Rupprecht	w	W		6:23
46.	2957	00:31:59	Christine Falter	w	W		6:23
47.	2798	00:32:28	Jasmin Hanisch	w	W30		6:29
48.	2940	00:32:06	Marijke Küpper	w	W40	PhysioOs Sports Aachen	6:25
49.	2191	00:32:21	Marie Esser	w	WJ		6:28
50.	2419	00:32:43	Erika Holstein	w	W60		6:32
51.	2500	00:32:51	Mara Holstein	w	W30		6:34
52.	3012	00:33:09	Johanna Hein	w	WJ	Pius-Gymnasium Aachen	6:37
53.	3051	00:32:54	Anna Schmitt	w	W30		6:34
54.	2633	00:32:37	Stefanie Khan	w	W		6:31
55.	3007	00:32:50	Bogna Atachim	w	WJ		6:34
56.	2399	00:33:19	Aniela Dlugosz	w	WJ	Team Jusi	6:39
57.	2532	00:32:55	Jana Wiethoff	w	W35		6:35
58.	2350	00:33:16	Alexandra Giofkos	w	W30		6:39
59.	2551	00:33:00	Ricarda Peters	w	W		6:36
60.	2610	00:33:00	Charlotte Peters	w	W		6:36
61.	2068	00:33:24	Jana Schmitz	w	W		6:40
62.	2067	00:33:25	Laura Schmitz	w	W		6:41
63.	2743	00:33:22	Jennifer Fey	w	W30		6:40
64.	2830	00:33:41	Louisa Borchard	w	WJ		6:44
65.	2043	00:33:28	Verena Laura Banszerus	w	W30		6:41
66.	2776	00:33:22	Nina Schoos	w	W35	DJK Frankenberg Aachen	6:40
67.	2061	00:33:29	Julia Strube	w	W	Praxis für Ergotherapie VIVALI	6:41
68.	2849	00:33:38	Lena Siebrecht	w	W	Beverstreet Blizzards	6:43
69.	2566	00:33:48	Lisa Rummler	w	W35		6:45
70.	2076	00:33:33	Sarah Jüptner	w	W		6:42
71.	2913	00:33:48	Kiersten Bradnam	w	W		6:45
72.	2028	00:34:16	Ariane Weissler	w	W45		6:51
73.	2556	00:33:56	Svenja Borgmann	w	W		6:47
74.	2324	00:33:54	Claudia Jungermann	w	W55	Wir können auch langsam	6:46
75.	2197	00:34:02	Katharina Krüger	w	W35		6:48
76.	2278	00:33:54	Kerstin Raadts	w	W45		6:46
77.	2679	00:34:24	Claudia Vonderbank	w	W45	Akl Team	6:52
78.	2671	00:34:24	Constanze Tröger	w	W40	Akl Team	6:52
79.	2243	00:34:46	Kirsten Vonhoegen	w	W45	Malerfachbetrieb Vonhoegen	6:57
80.	2250	00:34:47	Janet Zizkat	w	W35	Malerfachbetrieb Vonhoegen	6:57
81.	2287	00:34:27	Christina Besi	w	W35		6:53
82.	2543	00:34:45	Gudrun Schleimer	w	W50	Team Laufiebe	6:57
83.	2171	00:34:45	Anne Robert	w	W30		6:57
84.	2785	00:34:44	Susanne Schramm	w	W40		6:56
85.	2397	00:35:10	Ella Hanten	w	W40	Team Jusi	7:02
86.	2036	00:34:43	Farina Soleimani	w	W45	Team Lambosafarie	6:56
87.	2523	00:34:55	Elina Manjurka	w	W45	Optik Jordan	6:59
88.	2342	00:35:06	Eva Bosten	w	W		7:01

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MW	StNr	Zeit	Name	m/w	AK	Verein	min/k
89.	2347	00:34:50	Maria Auras-Rodriguez	w	W35	KiTa Zauberschloss	6:58
90.	2490	00:35:03	Lea Valkenberg	w	W		7:00
91.	2363	00:35:03	Sina Geisler	w	W		7:00
92.	3061	00:35:24	Anna Pütz	w	WJ	MamaTochterDREAMTEAM	7:04
93.	2070	00:35:27	Anna-Sofie Hieke	w	WJ		7:05
94.	3013	00:35:08	Verena Hein	w	W45	Pius-Gymnasium Aachen	7:01
95.	2908	00:35:26	Eleanor Pals	w	WJ		7:05
96.	2907	00:35:27	Ida Zier	w	WJ		7:05
97.	2218	00:35:41	Elisabeth Borgs	w	W55		7:08
98.	2514	00:35:31	Emma Zier	w	W		7:06
99.	2482	00:35:32	Denise Del'Haye	w	W40		7:06
100.	2480	00:35:32	Melanie Simsek	w	W35		7:06
101.	2130	00:35:49	Michelle Tschöpe	w	WJ	Fast & Fearless	7:09
102.	2258	00:36:12	Lisa Birken	w	W30		7:14
103.	2253	00:35:55	Nisha Welter	w	W		7:11
104.	2595	00:35:46	Neele Köster	w	W		7:09
105.	2405	00:36:24	Carina Engler	w	W35		7:16
106.	2606	00:35:52	Nina Menten	w	W30		7:10
107.	2583	00:36:12	Charleen Grünau	w	W		7:14
108.	2062	00:36:11	Stella Klinkenberg	w	W	Praxis für Ergotherapie VIVALI	7:14
109.	2644	00:36:00	Anna Menten	w	W40		7:12
110.	2063	00:36:13	Alina Dohmen	w	W	Praxis für Ergotherapie VIVALI	7:14
111.	2248	00:36:29	Silke Stops	w	W40	Malerfachbetrieb Vonhoegen	7:17
112.	2059	00:36:14	Vivian Abel	w	W	Praxis für Ergotherapie VIVALI	7:14
113.	2888	00:36:13	Anke Nepomuck	w	W30		7:14
114.	2535	00:36:37	Stella Ndonguissop	w	W30	FaDuo	7:19
115.	2395	00:36:44	Justyna Arets	w	W50	Team Jusi	7:20
116.	2761	00:36:40	Wibke Hooge	w	W50	Pius-Gymnasium Aachen	7:20
117.	2745	00:36:39	Gaby Vogelsang	w	W50	Pius-Gymnasium Aachen	7:19
118.	2653	00:37:05	Maliah Akl	w	WJ	Akl Team	7:25
119.	2656	00:37:04	Bianca Volkert	w	W50	Akl Team	7:24
120.	2138	00:37:08	Adelheid Grünwald	w	W65	Hamich Runners e.V.	7:25
121.	2601	00:37:10	Ronja Hoffmann	w	WJ		7:26
122.	2602	00:37:11	Ramona Hoffmann	w	W45		7:26
123.	3060	00:37:11	Stephanie Pütz Schlachta	w	W45		7:26
124.	2777	00:36:49	Jana Maur	w	W30		7:21
125.	2083	00:37:20	Alisha Gerzhoy	w	WJ		7:28
126.	2646	00:37:16	Saliha Jaber	w	W		7:27
127.	2318	00:37:30	Pepe Fabelje	w	W65	Aanjekumme	7:30
128.	2288	00:37:15	Melina Burghard	w	W35		7:27
129.	2392	00:37:28	Carolin Eigelshoven-Lauel	w	W30		7:29
130.	2379	00:37:24	Jula Protte	w	WJ	Physio Vital Aachen	7:28
131.	2680	00:37:57	Khadija Rezaie	w	W	Akl Team	7:35
132.	2252	00:37:43	Sandhya Tendulkar	w	W60	Laufschule Ring	7:32
133.	2614	00:37:58	Katrin Olschewski	w	W30		7:35

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MW	StNr	Zeit	Name	m/w	AK	Verein	min/k
134.	2800	00:37:43	Margit Retterath-Offner	w	W60		7:32
135.	2367	00:38:33	Sarah Lambertz	w	WJ	Akl Team	7:42
136.	2657	00:38:33	Marie Volkert	w	WJ	Akl Team	7:42
137.	2276	00:38:30	Susanne McKeever	w	W55		7:42
138.	2703	00:38:13	Ewa Schönborn	w	W	HBS Stipgruppe Aachen	7:38
139.	2708	00:38:21	Björna Gerullies	w	WJ	HBS Stipgruppe Aachen	7:40
140.	2486	00:38:27	Janina Schumann	w	WJ		7:41
141.	2905	00:38:55	Berfin Bayram	w	W30	Wild Campers	7:47
142.	2903	00:38:55	Nil Gureli	w	W30	Wild Campers	7:47
143.	2579	00:38:50	Jaqueline Hauschild	w	W		7:46
144.	2328	00:38:36	Fien Merx	w	WJ		7:43
145.	2110	00:38:57	Sarah Henn	w	W30		7:47
146.	2103	00:38:58	Katharina Zitzen	w	W40	regio iT GmbH	7:47
147.	2498	00:39:26	Caroline Gugenberger	w	W45		7:53
148.	2786	00:39:33	Lara Altrock	w	W		7:54
149.	2803	00:39:21	Laura Ullmann-Maaßen	w	W35	TEAM MOSS	7:52
150.	2244	00:39:33	Lana Dragas	w	WJ	Malerfachbetrieb Vonhoegen	7:54
151.	2360	00:39:40	Eileen Born	w	W		7:56
152.	2827	00:39:15	Eva Tharau	w	W40		7:51
153.	3074	00:39:26	Nina Kingl	w	W40		7:53
154.	2647	00:39:28	Merna El Sayed	w	W		7:53
155.	2080	00:39:46	Marie Heimke	w	W		7:57
156.	2496	00:39:55	Marie-Christin Thomas	w	W35	RUNNER SHOP TEAM	7:59
157.	2406	00:40:22	Aylin Demirkaya	w	W45		8:04
158.	2747	00:40:07	Santana Johannsbauer	w	W30		8:01
159.	2184	00:40:12	Pia Derichs	w	WJ		8:02
160.	2735	00:39:54	Lena Schievenbusch	w	W30		7:58
161.	2133	00:40:16	Anja Neurath	w	W40	Fast & Fearless	8:03
162.	2974	00:40:16	Theresa Lamby	w	WJ	Pius Gymnasium	8:03
163.	2135	00:40:19	Ursula Tschöpe	w	W55	Fast & Fearless	8:03
164.	2246	00:40:18	Bianca Dragas	w	W40	Malerfachbetrieb Vonhoegen	8:03
165.	2217	00:40:47	Silke Fallah	w	W50		8:09
166.	2711	00:41:02	Wissal El Ouedghiri	w	W	Akl Team	8:12
167.	2093	00:40:39	Chloé Dejong	w	W	Hospizstiftung Region Aachen	8:07
168.	2654	00:41:21	Paulina Becker	w	WJ	Akl Team	8:16
169.	2659	00:41:20	Eva Tilp	w	W45	Akl Team	8:16
170.	2449	00:41:00	Sophie Ruland	w	W35		8:12
171.	2457	00:40:59	Alexandra Albers	w	W35		8:11
172.	2104	00:41:13	Birgit Thomas	w	W55	regio iT GmbH	8:14
173.	2309	00:41:49	Tanja Peters	w	W35		8:21
174.	2527	00:41:50	Andrea Hoetz	w	W45	Optik Jordan	8:22
175.	2415	00:41:57	Iljana Stemmer	w	W30		8:23
176.	2378	00:41:48	Jasmina Lechner	w	W40	Physio Vital Aachen	8:21
177.	2361	00:43:11	Simone Korall	w	W45		8:38
178.	2631	00:43:55	Nina Pütz	w	W		8:47

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MW	StNr	Zeit	Name	m/w	AK	Verein	min/k
179.	2632	00:43:55	Marie Wilmes	w	W		8:47
180.	2331	00:44:11	Desiree Scharein	w	W30		8:50
181.	2429	00:45:14	Jana Jeltsch	w	W	Lauf Forrest, lauf!	9:02
182.	2891	00:46:11	Sarah Schumann	w	W		9:14
183.	2131	00:47:49	Lena Jovic	w	WJ	Fast & Fearless	9:33
184.	2134	00:47:48	Franciska Jovic	w	W50	Fast & Fearless	9:33
185.	2603	00:48:22	Klara-Sophia Vukovac	w	W		9:40
186.	2136	00:48:35	Raksika Periyathamby	w	W	Fast & Fearless	9:43
187.	2132	00:48:43	Laura Leblebici	w	WJ	Fast & Fearless	9:44
188.	2832	00:49:15	Franziska Weber	w	W35	Lächeln statt hecheln	9:51
189.	2858	00:49:16	Ruth Klöble	w	W55	Lächeln statt hecheln	9:51
190.	2831	00:49:16	Monika Schäfer	w	W60	Lächeln statt hecheln	9:51
191.	2833	00:49:17	Eva Schicks	w	W65	Lächeln statt hecheln	9:51
192.	2834	00:49:17	Nadja Etz	w	W	Lächeln statt hecheln	9:51
193.	2860	00:49:17	Edith Prenger Berninghoff	w	W55	Lächeln statt hecheln	9:51
194.	2640	00:50:09	Laura Pütz	w	W		10:01
195.	2137	00:50:25	Antonija Leblebici	w	W50	Fast & Fearless	10:05
196.	2325	00:51:57	Luise Drozdowitsch	w	W	Wir können auch langsam	10:23
197.	2038	00:54:48	Milena Heer	w	WJ		10:57
198.	2398	00:55:38	Anna Dlugosz	w	W50	Team Jusi	11:07

Männlich

1.	2871	00:18:57	Tomm Königs	m	M35	Laufgruppe SC Borussia 09 Inden	3:47
2.	2635	00:19:14	Stefan Breuer	m	M35	DLC Aachen	3:50
3.	2376	00:19:19	Dirk König	m	M40	Physio Vital Aachen	3:51
4.	2411	00:19:42	Noah Mentges	m	M30	IKV plastics power	3:56
5.	2077	00:20:22	Daniel Brockmann	m	M		4:04
6.	2987	00:20:42	Dilet Nguse	m	MJ		4:08
7.	2304	00:20:46	Yigit Efe Tokuc	m	M		4:09
8.	2820	00:20:53	Dennis Schäfer	m	M30	ELITE Runners	4:10
9.	2960	00:20:52	Juan Perlo	m	M45		4:10
10.	2837	00:21:01	Maik Ruff	m	M30		4:12
11.	2592	00:21:09	Jan Schumacher	m	M		4:13
12.	2843	00:21:24	Benjamin Frank	m	M		4:16
13.	2268	00:21:29	Jannik Benning	m	MJ		4:17
14.	2668	00:21:31	Alireza Barbari	m	M	Akl Team	4:18
15.	2562	00:21:31	Mario Leisten	m	M35	DJK Jung Siegfried Herzogenrath	4:18
16.	3054	00:21:33	Mohamed Bentalab	m	M50		4:18
17.	2672	00:21:37	Christian Tröger	m	M40	Akl Team	4:19
18.	2839	00:21:42	Oscar Marseille	m	MJ		4:20
19.	2959	00:21:47	Johannes Perlo	m	MJ		4:21
20.	2651	00:22:04	Rawad Akl	m	M40	Akl Team	4:24
21.	2947	00:22:09	Kai Lippold	m	M		4:25
22.	3015	00:22:19	Eric Janßen	m	MJ	Pius-Gymnasium Aachen	4:27
23.	2818	00:22:08	Markus Buck	m	M30		4:25
24.	3068	00:22:11	Florentin Büsvenich	m	M		4:26

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MW	StNr	Zeit	Name	m/w AK		Verein	min/k
25.	2251	00:22:23	Kevin Beckers	m	M35	Malerfachbetrieb Vonhoegen	4:28
26.	2765	00:22:38	Marcus Lorsy	m	M45	Pius-Gymnasium Aachen	4:31
27.	3057	00:22:42	Bastian Winzen	m	M35		4:32
28.	2381	00:22:49	Noel Bielders	m	M	Physio Vital Aachen	4:33
29.	3071	00:22:53	Oskar Stanek	m	MJ		4:34
30.	2681	00:22:45	Rafik Al Shmoury	m	M	Akl Team	4:33
31.	2847	00:23:03	Jan Schröder	m	M		4:36
32.	2662	00:23:08	Elmar Köhler	m	M40	Akl Team	4:37
33.	2914	00:23:29	Luiz Lise	m	M30	IKV plastics power	4:41
34.	2958	00:23:26	Lucas Perlo	m	MJ		4:41
35.	2362	00:23:33	Lucas Dietz	m	M	DLC Aachen	4:42
36.	3064	00:23:26	Benedikt Schneider	m	M40		4:41
37.	2222	00:24:20	Alexander Bach	m	M35		4:52
38.	2538	00:24:15	Lukas Wintgens	m	M30		4:51
39.	2868	00:24:29	Aaron Sebastian	m	M		4:53
40.	3073	00:24:33	Bennick Friehe	m	MJ	Brander Jecken	4:54
41.	2707	00:24:26	Mohammad Abdel Aziz	m	MJ	HBS Stipgruppe Aachen	4:53
42.	3077	00:24:41	Maximilian Karnter	m	M	Brachiale Barsche	4:56
43.	3063	00:24:46	Jürgen Nelles	m	M45	TuS Ahbach	4:57
44.	2710	00:25:04	Mustafa Jawadi	m	M	Akl Team	5:00
45.	2108	00:25:10	Marcel Savelsberg	m	M30		5:02
46.	2097	00:25:13	Jonas Regel	m	M	IKV plastics power	5:02
47.	2492	00:25:07	Timo Zoch	m	MJ		5:01
48.	2667	00:25:35	Mohamadreza Barbari	m	M	Akl Team	5:07
49.	3080	00:25:38	Raimund Knauf	m	M60		5:07
50.	2343	00:25:28	Gereon Ferrari	m	M30		5:05
51.	392	00:25:39	Carl Nittschalk	m	M35	Akl Team Schawarma Power	5:07
52.	2396	00:25:48	Max Arets	m	MJ	Team Jusi	5:09
53.	2220	00:25:40	Stephan Steinberg	m	M50		5:08
54.	2491	00:25:27	Leo Wetzstein	m	MJ		5:05
55.	2802	00:25:57	Nicolas Khoury	m	MJ		5:11
56.	2733	00:25:57	Philipp Heyer	m	MJ		5:11
57.	2910	00:25:53	Roman Scharrer	m	M40		5:10
58.	2101	00:25:53	Stefan Schwartzmann	m	M55	regio iT GmbH	5:10
59.	2172	00:26:02	Oskar Scholz-Starke	m	MJ	Biologische Station StädteRegion Aachen	5:12
60.	2173	00:26:03	Emil Beer	m	MJ	Biologische Station StädteRegion Aachen	5:12
61.	3072	00:26:01	Dirk Friehe	m	M45	Brander Jecken	5:12
62.	2704	00:25:58	Joshua Prieth	m	MJ	HBS Stipgruppe Aachen	5:11
63.	3070	00:26:11	Marian Schmadalla	m	M	Kaiserstadt Bedachungen GmbH	5:14
64.	3062	00:26:07	Daniel Lamby	m	M45		5:13
65.	2102	00:26:21	Christian Wolf	m	M40	regio iT GmbH	5:16
66.	2655	00:26:20	Marcus Volkert	m	M45	Akl Team	5:16
67.	3066	00:26:31	Bernhard Theißen	m	M50	Naturtalente Biostation	5:18
68.	2670	00:26:34	Ahmad Alabhuol	m	M	Akl Team	5:18
69.	2861	00:26:46	Florian Nilles	m	M40	MPC Gym Aachen	5:21

Benefizlauf Aachen

Ergebnisliste MW 10. Jedermannlauf 5 km

MW	StNr	Zeit	Name	m/w AK		Verein	min/k
70.	2493	00:26:37	Louis Oslender	m	MJ	RUNNER SHOP TEAM	5:19
71.	3029	00:26:35	Henrique Richter Bayao	m	M	RUNNER SHOP TEAM	5:19
72.	2544	00:26:40	Ralf Schleimer	m	M50	Team Laufiebe	5:20
73.	2677	00:26:59	Michel Haddad	m	M	Akl Team	5:23
74.	3030	00:26:54	Ianis Chared	m	M30	Alfen Chared	5:22
75.	3079	00:26:55	Steffen Mangold	m	M30		5:23
76.	2643	00:27:00	Esra Femi Okeleji	m	M		5:24
77.	2877	00:27:03	Jan-Erik Bien	m	M		5:24
78.	2753	00:26:57	Simon Geller	m	MJ	Pius-Gymnasium Aachen	5:23
79.	2147	00:26:48	Daniel Stärke	m	M40		5:21
80.	2424	00:27:11	Jonas Kramer	m	M		5:26
81.	2799	00:27:18	Jakob Offner	m	M		5:27
82.	2804	00:27:20	Thomas Adams	m	M30	TEAM MOSS	5:28
83.	2953	00:27:25	David Thees	m	M30		5:29
84.	2003	00:27:53	Claudius Heide	m	M40		5:34
85.	2678	00:27:46	Max Meinert	m	M		5:33
86.	2885	00:28:08	Ramon Keuchen	m	M40		5:37
87.	2111	00:27:36	Sven Sensen	m	M30		5:31
88.	2359	00:28:17	Jonas Meusel	m	M		5:39
89.	2522	00:28:11	Artur Manjurka	m	M45	Optik Jordan	5:38
90.	2148	00:28:03	Andi Schüller	m	M40		5:36
91.	2945	00:28:38	Tanay Mathukia	m	M		5:43
92.	2242	00:28:40	Torsten Vonhoegen	m	M45	Malerfachbetrieb Vonhoegen	5:44
93.	3004	00:28:39	Jannik Schreier	m	MJ		5:43
94.	2862	00:28:47	Dominic Gawol	m	M40		5:45
95.	2090	00:28:45	Frank Benstöm	m	M45	atd läuft	5:45
96.	2511	00:28:53	Andy Zentis	m	M40		5:46
97.	3052	00:29:01	Elzinga Eldert	m	M30		5:48
98.	2787	00:28:57	Václav Šmíro	m	M	Beverstreet Blizzards	5:47
99.	2403	00:28:54	Felix Fox	m	M35		5:46
100.	2430	00:28:48	Lars Heinen	m	M	Lauf Forrest, lauf!	5:45
101.	2505	00:29:15	Christoph Thiele	m	M40		5:51
102.	2033	00:29:12	Christian Lammert	m	M		5:50
103.	2641	00:29:01	Philip Stahl	m	M35		5:48
104.	2878	00:29:30	Roman Schmohl	m	M30	IKV plastics power	5:54
105.	2400	00:29:40	Stanislaw Dlugosz	m	MJ	Team Jusi	5:56
106.	2088	00:29:29	Josef Molitor	m	M55	atd läuft	5:53
107.	2091	00:29:30	Sina Tabatabaei	m	M30	atd läuft	5:54
108.	2082	00:29:49	Zé Paulo	m	M	FRC	5:57
109.	2040	00:29:50	Stefan Mill	m	M30		5:58
110.	2366	00:29:58	Klaas Gort	m	M45	Keine	5:59
111.	2906	00:30:22	Kevin Gramage Medina	m	M30	Wild Campers	6:04
112.	2904	00:30:27	Gianmarco Maldarelli	m	M30	Wild Campers	6:05
113.	2200	00:30:36	Markus Jussen	m	M50	Team Rubymedia	6:07
114.	2768	00:30:37	Peter Loeff	m	M50		6:07

Benefizlauf Aachen

Ergebnisliste MW 10. Jedermannlauf 5 km

MW	StNr	Zeit	Name	m/w	AK	Verein	min/k
115.	2619	00:30:25	Christian Droese	m	M35	Lolek und Bolek	6:05
116.	2042	00:30:34	Klaus Geller	m	M55		6:06
117.	2073	00:30:52	Jannis Bergmann	m	M	Behinderten-Sportgemeinschaft Aachen	6:10
118.	2648	00:30:45	Robin Aulmann	m	M	SV Winterwerb	6:09
119.	3011	00:30:43	Benedikt Hein	m	MJ	Pius-Gymnasium Aachen	6:08
120.	2280	00:31:18	Irdi Mulita	m	M30		6:15
121.	2676	00:31:12	Diego Arellano	m	MJ	Akl Team	6:14
122.	2666	00:31:21	Iheb Dassi	m	M	Akl Team	6:16
123.	2692	00:31:22	Raheem Tughla	m	M	Akl Team	6:16
124.	2746	00:31:02	Benedikt Schelling	m	M35	Pius-Gymnasium Aachen	6:12
125.	3083	00:31:26	Erik Dahmen	m	M		6:17
126.	2618	00:31:23	Roger Graf	m	M50	Lolek und Bolek	6:16
127.	2978	00:31:23	Niklas Drossel	m	M		6:16
128.	2283	00:31:18	Marc Terheggen	m	M35		6:15
129.	2190	00:31:25	Lucien Bastin	m	M30		6:17
130.	2255	00:31:49	Bruno Barth	m	M70	Herzogenrather Turnverein	6:21
131.	2674	00:31:50	Dirk Peulen	m	M50		6:22
132.	2675	00:32:11	Matteo Magliani	m	MJ	Akl Team	6:26
133.	2897	00:31:49	Jürgen Barz	m	M65		6:21
134.	2829	00:32:26	Herbert Scholz-Starke	m	M75	Biologische Station StädteRegion Aachen	6:29
135.	2739	00:32:20	Harry Mohné	m	M45	Team HoppenSTEP	6:28
136.	2637	00:32:00	Florian Wrona	m	M30		6:24
137.	2673	00:32:32	Mirko Magliani	m	M45	Akl Team	6:30
138.	2155	00:32:34	Kasem Jabbas	m	M	Akl Team	6:30
139.	2763	00:32:35	Philipp Lorsy	m	MJ	Pius-Gymnasium Aachen	6:31
140.	2946	00:32:34	Jörg Multhoff	m	M55	LT Alemannia Aachen	6:30
141.	2501	00:32:53	Marc Holstein	m	M30		6:34
142.	2749	00:33:01	Felix Maslo	m	MJ	Pius-Gymnasium Aachen	6:36
143.	2127	00:33:04	Benedikt Müller	m	M45		6:36
144.	2531	00:32:55	Florian Bröckmann	m	M35		6:35
145.	2771	00:33:30	Gökhan Bicak	m	M30	Taekwondo Musado Alsdorf	6:42
146.	3014	00:33:01	Nik Hermanns	m	MJ	Pius-Gymnasium Aachen	6:36
147.	2573	00:32:58	Maurice Mallems	m	M		6:35
148.	3016	00:33:06	Galin Todorov	m	M	Pius-Gymnasium Aachen	6:37
149.	153	00:33:35	Nico Klein	m	MJ	Taekwondo Musado Alsdorf 5	6:43
150.	2277	00:33:23	Padraic McKeever	m	M60		6:40
151.	2485	00:33:25	Ben Witzke	m	MJ		6:41
152.	2112	00:33:28	Jens Vorspohl	m	M40	Vorspohl	6:41
153.	2658	00:33:57	Béla Volkert	m	MJ	Akl Team	6:47
154.	2541	00:33:44	Bernhard Geyer	m	M55		6:44
155.	2027	00:33:53	Loïc Weissler	m	MJ		6:46
156.	2326	00:33:56	Adnane Baggar	m	M40	Wir können auch langsam	6:47
157.	2322	00:33:55	Achim Ackers	m	M45	Wir können auch langsam	6:47
158.	2428	00:33:54	Lennart Jennen	m	M	Lauf Forrest, lauf!	6:46
159.	2279	00:33:54	Sam Reemann	m	M45		6:46

Benefizlauf Aachen

Ergebnisliste MW 10. Jedermannlauf 5 km

MW	StNr	Zeit	Name	m/w AK		Verein	min/k
160.	2712	00:34:25	Mohammed El Ouedghiri	m	MJ	Akl Team	6:53
161.	2542	00:34:40	Niclas Schleimer	m	M		6:56
162.	2292	00:34:37	Matthias Trautmann	m	M		6:55
163.	2188	00:34:54	Loic Massin	m	M		6:58
164.	2187	00:34:58	Yannick Jaminon	m	M		6:59
165.	2481	00:35:05	Yannick Simsek	m	MJ		7:01
166.	2875	00:35:30	Pascal Wenders	m	M35	Laufgruppe SC Borussia 09 Inden	7:06
167.	2100	00:34:57	Kevin Schröder	m	M	regio iT GmbH	6:59
168.	2865	00:35:06	Leander Bugenings	m	M		7:01
169.	2863	00:35:05	Quirin Baumgartner	m	M		7:01
170.	2864	00:35:07	Alexander Rabe	m	M		7:01
171.	2267	00:35:41	Noah Clemens Horn	m	MJ		7:08
172.	2513	00:35:31	Jens Zier	m	M55		7:06
173.	2594	00:35:48	Vincent Welter	m	M		7:09
174.	2754	00:36:01	Werner Walmrath	m	M55	Pius-Gymnasium Aachen	7:12
175.	2887	00:36:12	Hendrik Schlüper	m	M	TV Roetgen	7:14
176.	2019	00:36:25	Omar Grasso	m	M40		7:17
177.	2254	00:36:45	Mario Welter	m	M50		7:21
178.	2139	00:37:08	Klaus Pavlik	m	M60	Hamich Runners e.V.	7:25
179.	2881	00:37:07	Dieter Kraus	m	M60	Hamich Runners e.V.	7:25
180.	2886	00:37:00	Mario Claer	m	M35	1337-6R0UP	7:24
181.	2247	00:37:22	Michael Dragas	m	M45	Malerfachbetrieb Vonhoegen	7:28
182.	2249	00:37:28	Markus Stops	m	M45	Malerfachbetrieb Vonhoegen	7:29
183.	2894	00:37:51	Aaron Hopp	m	M50		7:34
184.	2581	00:38:05	Fabian Koch	m	M30		7:37
185.	2892	00:38:03	Reiner Schophoven	m	M35	1337-6R0UP	7:36
186.	2286	00:38:55	Ramak Soleimani	m	M50		7:47
187.	2709	00:39:23	Ilya Karaogullarindan	m	M	Akl Team	7:52
188.	2499	00:39:24	Niklas Gugenberger	m	MJ	Alemannia Leichtathletik	7:52
189.	2245	00:39:34	Fabio Dragas	m	MJ	Malerfachbetrieb Vonhoegen	7:54
190.	2661	00:39:46	Clemens Zimmermann	m	M30	Akl Team	7:57
191.	2094	00:39:28	Claudiu-Ioan Tomi	m	M40	Hospizstiftung Region Aachen	7:53
192.	2915	00:39:48	Thomas Haase	m	M60		7:57
193.	2792	00:39:49	Sven Jonas	m	M45	FC Imgenbroich	7:57
194.	2185	00:40:13	Jürgen Derichs	m	M55		8:02
195.	2186	00:40:12	Patrick Madeja	m	M		8:02
196.	2092	00:40:34	Mika de Clercq	m	M	Hospizstiftung Region Aachen	8:06
197.	2115	00:45:48	Bilind Daoud	m	M	IKV plastics power	9:09
198.	2730	00:46:04	Mouad El Ouedghiri	m	MJ	Akl Team	9:12
199.	2611	00:48:22	Slobodan Vukovac	m	M45		9:40
200.	2836	00:49:14	Axel Taraschewski	m	M45	Lächeln statt hecheln	9:50
201.	2835	00:49:14	Christian Menten	m	M45	Lächeln statt hecheln	9:50
202.	2323	00:51:56	Andreas Keus	m	M55	Wir können auch langsam	10:23