



| Rang | G | Platz | Zeit     | Name                   | St.-Nr | NAT | Verein                     | Jahr | PAK | AK    | Min/KM  |
|------|---|-------|----------|------------------------|--------|-----|----------------------------|------|-----|-------|---------|
| 1    |   | 1     | 00:17:59 | Labudde, Thorsten      | 780    |     | SC Alemannia Aachen        | 1976 | 1   | M30   | 03:35,8 |
| 2    |   | 2     | 00:18:08 | Frerichs, Henning      | 668    |     | Alemannia Aachen           | 1984 | 1   | MHK   | 03:37,6 |
| 3    |   | 3     | 00:19:06 | Krüger, Udo            | 772    |     | Germania Dürwiss           | 1968 | 1   | M40   | 03:49,2 |
| 4    |   | 4     | 00:19:31 | Moldenhauer, Kai       | 133    |     | DLC Aachen                 | 1983 | 2   | MHK   | 03:54,2 |
| 5    |   | 5     | 00:19:54 | Malmendier, Roland     | 733    |     | ERTK                       | 1973 | 1   | M35   | 03:58,8 |
| 6    |   | 6     | 00:20:25 | Stiehl, Georg          | 88     |     | Team FH Aachen             | 1956 | 1   | M50   | 04:05,0 |
| 7    |   | 7     | 00:20:32 | Nolteernsting, Felix   | 688    |     | Aachen                     | 1984 | 3   | MHK   | 04:06,4 |
| 8    |   | 8     | 00:20:38 | Wynands, Wolfgang      | 620    |     | Alemannia Aachen           | 1965 | 1   | M45   | 04:07,6 |
| 9    |   | 9     | 00:20:50 | Evertz, Ralph          | 794    |     |                            | 1962 | 2   | M45   | 04:10,0 |
| 10   |   | 10    | 00:21:28 | Schwark, Guido         | 657    |     | Alemannia Aachen           | 1966 | 2   | M40   | 04:17,6 |
| 11   |   | 11    | 00:21:30 | Schmitz, Lais          | 574    |     | SC Bardenberg              | 1999 | 1   | MJugB | 04:18,0 |
| 12   |   | 12    | 00:21:40 | Schnuch, Philip        | 315    |     | Continental Reifen Deutsch | 1991 | 1   | MJugA | 04:20,0 |
| 13   |   | 13    | 00:21:46 | Laufenberg, Cedric     | 433    |     | Herzogenrath               | 1994 | 2   | MJugB | 04:21,2 |
| 14   | W | 1     | 00:21:48 | Sieven, Inga           | 51     |     | Alemannia Aachen           | 1981 | 1   | WHK   | 04:21,6 |
| 15   |   | 14    | 00:22:06 | Engels, Guido          | 773    |     | Aachen                     | 1965 | 3   | M45   | 04:25,2 |
| 16   |   | 15    | 00:22:07 | Thiel, Marcel          | 307    |     | Würselen                   | 1979 | 2   | M30   | 04:25,4 |
| 17   |   | 16    | 00:22:08 | Malecki, Loek          | 431    |     | Avon                       | 1961 | 4   | M45   | 04:25,6 |
| 18   |   | 17    | 00:22:14 | Honza, Rene            | 767    |     |                            | 1985 | 4   | MHK   | 04:26,8 |
| 19   |   | 18    | 00:22:19 | Eck, Dr. Ing. Kai      | 171    |     | SV Sportfreunde Hörn       | 1967 | 3   | M40   | 04:27,8 |
| 20   |   | 19    | 00:22:35 | Röbner, Klaus-Dieter   | 330    |     | Continental Reifen Deutsch | 1961 | 5   | M45   | 04:31,0 |
| 21   |   | 20    | 00:22:54 | Winen, Bjorn           | 333    |     | Continental Reifen Deutsch | 1996 | 3   | MJugB | 04:34,8 |
| 22   |   | 21    | 00:23:00 | Hintzen, Uli           | 99     |     | TK - Meine Nr. 1           | 1963 | 6   | M45   | 04:36,0 |
| 23   |   | 22    | 00:23:07 | Wahlen, Jörg           | 346    |     | Continental Reifen Deutsch | 1976 | 3   | M30   | 04:37,4 |
| 24   | W | 2     | 00:23:08 | Döring, Tanja          | 765    |     | LSG Eschweiler             | 1990 | 2   | WHK   | 04:37,6 |
| 25   |   | 23    | 00:23:14 | Klokow, Marko          | 734    |     | RSC Krähe Kornelimünster   | 1972 | 2   | M35   | 04:38,8 |
| 26   |   | 24    | 00:23:16 | Engemann, Andre        | 755    |     |                            | 1969 | 4   | M40   | 04:39,2 |
| 27   | W | 3     | 00:23:26 | Crommelinch, Sophie    | 766    |     | Aachener TG                | 1992 | 1   | WJugA | 04:41,2 |
| 28   |   | 25    | 00:23:32 | Emmerich, Albrecht     | 136    |     | Aachener Mingamanga        | 1968 | 5   | M40   | 04:42,4 |
| 29   |   | 26    | 00:23:41 | Degen, Christoph       | 91     |     | Aachen                     | 1976 | 4   | M30   | 04:44,2 |
| 30   |   | 27    | 00:23:43 | Müller, Thomas         | 95     |     | TK - Meine Nr. 1           | 1970 | 6   | M40   | 04:44,6 |
| 31   |   | 28    | 00:23:47 | Johnen, Uwe            | 514    |     | TV Konzen                  | 1967 | 7   | M40   | 04:45,4 |
| 32   |   | 29    | 00:23:50 | Bauer, Udo             | 435    |     | Erkelenz                   | 1961 | 7   | M45   | 04:46,0 |
| 33   |   | 30    | 00:23:52 | Kemper, Andreas        | 425    |     | Die Silvesterläufer        | 1973 | 3   | M35   | 04:46,4 |
| 34   | W | 4     | 00:23:53 | Trowitzsch, Katharina  | 424    |     | Die Silvesterläufer        | 1979 | 1   | W30   | 04:46,6 |
| 35   |   | 31    | 00:24:04 | Gageik, Manuel         | 768    |     | Aachen                     | 1985 | 5   | MHK   | 04:48,8 |
| 36   |   | 32    | 00:24:10 | Sterz, Robert          | 329    |     | Continental Reifen Deutsch | 1971 | 4   | M35   | 04:50,0 |
| 37   | W | 5     | 00:24:13 | Otten, Simone          | 724    |     |                            | 1969 | 1   | W40   | 04:50,6 |
| 38   |   | 33    | 00:24:17 | Stracke, Dieter        | 240    |     | MC Eschweiler              | 1974 | 5   | M35   | 04:51,4 |
| 39   |   | 34    | 00:24:22 | Lichtschlag, Axel      | 675    |     | Aachen                     | 1968 | 8   | M40   | 04:52,4 |
| 40   |   | 35    | 00:24:23 | Küpper, Lars           | 409    |     | Simmerath                  | 1986 | 6   | MHK   | 04:52,6 |
| 41   |   | 36    | 00:24:28 | Hagens, Ralf           | 67     |     | Lustlauf Mein Verein       | 1967 | 9   | M40   | 04:53,6 |
| 42   | W | 6     | 00:24:31 | Dohmen, Jana           | 619    |     | Aachener TG                | 1996 | 1   | WJugB | 04:54,2 |
| 43   |   | 37    | 00:24:31 | Meurer, Bernd          | 337    |     | Continental Reifen Deutsch | 1961 | 8   | M45   | 04:54,2 |
| 44   |   | 38    | 00:24:38 | Peters, Jan            | 474    |     | Takeda Pharma              | 1973 | 6   | M35   | 04:55,6 |
| 45   |   | 39    | 00:24:53 | Dr. Hennes, Arnold     | 764    |     | Aachen                     | 1961 | 9   | M45   | 04:58,6 |
| 46   |   | 40    | 00:24:55 | Dohmen, Marc           | 617    |     | Aachener TG                | 1965 | 10  | M45   | 04:59,0 |
| 47   |   | 41    | 00:24:57 | Backes, Jonas          | 393    |     | BTB C1                     | 1996 | 4   | MJugB | 04:59,4 |
| 48   |   | 42    | 00:24:58 | Sichert, Nils          | 398    |     | BTB C1                     | 1996 | 5   | MJugB | 04:59,6 |
| 49   | W | 7     | 00:25:00 | Parma, Dr. Anne        | 505    |     | Aachen                     | 1983 | 3   | WHK   | 05:00,0 |
| 50   |   | 43    | 00:25:16 | Schmitz, Malte         | 576    |     | SC Bardenber               | 1999 | 6   | MJugB | 05:03,2 |
| 51   |   | 44    | 00:25:17 | Kardo, Alan            | 144    |     | Aachen                     | 1978 | 5   | M30   | 05:03,4 |
| 52   |   | 45    | 00:25:27 | Kramer, Dr. Thomas     | 62     |     | Lustlauf Mein Verein       | 1962 | 11  | M45   | 05:05,4 |
| 53   | W | 8     | 00:25:31 | Langanke, Hildegard    | 778    |     |                            | 1953 | 1   | W55   | 05:06,2 |
| 54   |   | 46    | 00:25:38 | von der Stein, Tim     | 392    |     | BTB C1                     | 1996 | 7   | MJugB | 05:07,6 |
| 55   |   | 47    | 00:25:39 | Linke, Franz           | 184    |     | Aachen                     | 1964 | 12  | M45   | 05:07,8 |
| 56   |   | 48    | 00:25:45 | Schumacher, Dr. Robert | 186    |     | Aachen                     | 1966 | 10  | M40   | 05:09,0 |
| 57   | W | 9     | 00:25:45 | Böker, Alexa           | 410    |     | Aachen                     | 1972 | 1   | W35   | 05:09,0 |
| 58   | W | 10    | 00:25:50 | Hötte, Bettina         | 412    |     | Luise-Hensel-Realschule    | 1971 | 2   | W35   | 05:10,0 |
| 59   |   | 49    | 00:25:51 | Wüstner, Andi          | 180    |     | Herzogenrath               | 1973 | 7   | M35   | 05:10,2 |
| 60   |   | 50    | 00:25:58 | Johnsen, Moritz        | 570    |     | Aachen                     | 1993 | 8   | MJugB | 05:11,6 |

# Aachener Benefizlauf



5 km  
So., 12. Sept. 2010  
SSB Aachen



TEAMSOFT-SPORTZEIT.DE

| Rang | G | Platz | Zeit     | Name                    | St.-Nr | NAT | Verein                     | Jahr | PAK | AK    | Min/KM  |
|------|---|-------|----------|-------------------------|--------|-----|----------------------------|------|-----|-------|---------|
| 61   | W | 11    | 00:26:11 | Schmitz, Annette        | 568    |     | Aachen                     | 1986 | 4   | WHK   | 05:14,2 |
| 62   |   | 51    | 00:26:11 | Dersein, Steffen        | 496    |     | Aachen                     | 1986 | 7   | MHK   | 05:14,2 |
| 63   | W | 12    | 00:26:12 | Wildau, Maria           | 779    |     | AC GYN                     | 1984 | 5   | WHK   | 05:14,4 |
| 64   |   | 52    | 00:26:15 | Berks, Georg            | 786    |     |                            | 1964 | 13  | M45   | 05:15,0 |
| 65   | W | 13    | 00:26:24 | Schumann-Heitzer, Sandr | 157    |     | Aachen                     | 1967 | 2   | W40   | 05:16,8 |
| 66   |   | 53    | 00:26:25 | Reiss, Dr. Philipp      | 25     |     | Aachen                     | 1974 | 8   | M35   | 05:17,0 |
| 67   | W | 14    | 00:26:26 | Schnuch, Sabine         | 316    |     | Continental Reifen Deutsch | 1962 | 1   | W45   | 05:17,2 |
| 68   |   | 54    | 00:26:29 | Frank, Sascha           | 783    |     |                            | 1981 | 8   | MHK   | 05:17,8 |
| 69   |   | 55    | 00:26:32 | Huth, Thomas            | 318    |     | Continental Reifen Deutsch | 1980 | 6   | M30   | 05:18,4 |
| 70   |   | 56    | 00:26:37 | Rohrer, Johannes        | 687    |     | Aachen                     | 1979 | 7   | M30   | 05:19,4 |
| 71   |   | 57    | 00:26:44 | Graf, Günther           | 777    |     |                            | 1958 | 2   | M50   | 05:20,8 |
| 72   |   | 58    | 00:26:46 | Bilo, Gerrit            | 395    |     | BTB C1                     | 1996 | 9   | MJugB | 05:21,2 |
| 73   |   | 59    | 00:26:53 | Bizan, Norbert          | 760    |     |                            | 1962 | 14  | M45   | 05:22,6 |
| 74   |   | 60    | 00:26:54 | Dirrichs, Sascha        | 97     |     | Aachen                     | 1970 | 11  | M40   | 05:22,8 |
| 75   |   | 61    | 00:26:57 | Fohrer, Jochen          | 206    |     | Aachen                     | 1963 | 15  | M45   | 05:23,4 |
| 76   |   | 62    | 00:26:57 | Dr. Heyll, Heinz        | 784    |     | AC GYN                     | 1956 | 3   | M50   | 05:23,4 |
| 77   |   | 63    | 00:27:07 | Kroppmann, Rolf         | 66     |     | Lustlauf Mein Verein       | 1967 | 12  | M40   | 05:25,4 |
| 78   |   | 64    | 00:27:12 | Kuth, Christopher       | 650    |     | Team Coolart!              | 1995 | 10  | MJugB | 05:26,4 |
| 79   |   | 65    | 00:27:14 | Bündgens, Valentin      | 90     |     | Alemannia Aachen           | 1947 | 1   | M60   | 05:26,8 |
| 80   |   | 66    | 00:27:18 | Hallen, Jürgen          | 720    |     | Aachen                     | 1968 | 13  | M40   | 05:27,6 |
| 81   | W | 15    | 00:27:26 | Herwartz, Reinhild      | 237    |     | LC Herzogenrath            | 1966 | 3   | W40   | 05:29,2 |
| 82   |   | 67    | 00:27:27 | Büsch, Klemens          | 678    |     | Leverkusen                 | 1967 | 14  | M40   | 05:29,4 |
| 83   |   | 68    | 00:27:36 | Bongartz, Georg         | 721    |     | Aachen                     | 1948 | 2   | M60   | 05:31,2 |
| 84   |   | 69    | 00:27:42 | Göbbels, Christoph      | 513    |     | Wuppertal                  | 1963 | 16  | M45   | 05:32,4 |
| 85   |   | 70    | 00:27:43 | Otten, Konstantin       | 361    |     | RS Steinmetz und Dr. Otte  | 2000 | 11  | MJugB | 05:32,6 |
| 86   |   | 71    | 00:27:45 | Otten, Dr. Ralf         | 360    |     | RS Steinmetz und Dr. Otte  | 1966 | 15  | M40   | 05:33,0 |
| 87   | W | 16    | 00:27:51 | Laufenberg, Tanja       | 434    |     | Herzogenrath               | 1968 | 4   | W40   | 05:34,2 |
| 88   |   | 72    | 00:27:54 | Stock, Jacob            | 394    |     | BTB C1                     | 1996 | 12  | MJugB | 05:34,8 |
| 89   | W | 17    | 00:27:55 | Baltes, Simone          | 606    |     | Aachen                     | 1973 | 3   | W35   | 05:35,0 |
| 90   |   | 73    | 00:27:59 | Popke, Harald           | 373    |     | Team FH Aachen             | 1979 | 8   | M30   | 05:35,8 |
| 91   |   | 74    | 00:28:00 | Beckers, Tim            | 320    |     | Continental Reifen Deutsch | 2002 | 13  | MJugB | 05:36,0 |
| 92   |   | 75    | 00:28:00 | Beckers, Ralf           | 319    |     | Continental Reifen Deutsch | 1970 | 16  | M40   | 05:36,0 |
| 93   |   | 76    | 00:28:02 | Celsetino, Francesco    | 785    |     |                            | 1968 | 17  | M40   | 05:36,4 |
| 94   | W | 18    | 00:28:03 | Stüber, Irene           | 774    |     |                            | 1963 | 2   | W45   | 05:36,6 |
| 95   |   | 77    | 00:28:06 | Galambos, Zoltan        | 229    |     | Aachen                     | 1973 | 9   | M35   | 05:37,2 |
| 96   | W | 19    | 00:28:07 | Rottmann, Gesine        | 74     |     | Aachen                     | 1964 | 3   | W45   | 05:37,4 |
| 97   |   | 78    | 00:28:08 | Stullennak, Christian   | 725    |     |                            | 1986 | 9   | MHK   | 05:37,6 |
| 98   | W | 20    | 00:28:09 | Krauser, Maria          | 694    |     | Würselen                   | 1973 | 4   | W35   | 05:37,8 |
| 99   | W | 21    | 00:28:14 | Fohrer, Monika          | 207    |     | Aachen                     | 1962 | 4   | W45   | 05:38,8 |
| 100  |   | 79    | 00:28:16 | Korr, Peter             | 776    |     |                            | 1950 | 3   | M60   | 05:39,2 |
| 101  | W | 22    | 00:28:19 | Schirmer, Leonie        | 769    |     |                            | 1990 | 6   | WHK   | 05:39,8 |
| 102  |   | 80    | 00:28:21 | Adoni, Christian        | 384    |     | BTB C1                     | 1996 | 14  | MJugB | 05:40,2 |
| 103  |   | 81    | 00:28:22 | Charlier, Heinz         | 92     |     | TK - Meine Nr. 1           | 1952 | 1   | M55   | 05:40,4 |
| 104  |   | 82    | 00:28:27 | Titgemeyer, Sven        | 69     |     | Aachener SV 1856           | 1995 | 15  | MJugB | 05:41,4 |
| 105  |   | 83    | 00:28:30 | Bechholz, Norbert       | 313    |     | Stolberg                   | 1961 | 17  | M45   | 05:42,0 |
| 106  | W | 23    | 00:28:34 | Goerke, Mechthild       | 290    |     | BFT Aachen                 | 1966 | 5   | W40   | 05:42,8 |
| 107  |   | 84    | 00:28:34 | Peters, Lukas           | 336    |     | Continental Reifen Deutsch | 1998 | 16  | MJugB | 05:42,8 |
| 108  | W | 24    | 00:28:38 | Lieske, Nora            | 796    |     |                            | 1989 | 7   | WHK   | 05:43,6 |
| 109  | W | 25    | 00:28:39 | Thiel, Nina             | 306    |     | Würselen                   | 1981 | 8   | WHK   | 05:43,8 |
| 110  |   | 85    | 00:28:43 | Kuss, Timo              | 327    |     | Continental Reifen Deutsch | 1964 | 18  | M45   | 05:44,6 |
| 111  | W | 26    | 00:28:44 | Gereck, Martina         | 244    |     | Aachen                     | 1965 | 5   | W45   | 05:44,8 |
| 112  | W | 27    | 00:28:45 | Fietz, Nina             | 132    |     | Aachen                     | 1984 | 9   | WHK   | 05:45,0 |
| 113  |   | 86    | 00:28:50 | Thiemann, Arne          | 228    |     | Aachen                     | 1994 | 17  | MJugB | 05:46,0 |
| 114  |   | 87    | 00:28:52 | Krücken, Roland         | 328    |     | Continental Reifen Deutsch | 1958 | 4   | M50   | 05:46,4 |
| 115  |   | 88    | 00:28:55 | Köppl, Malte            | 57     |     | Übach-Palenberg            | 1949 | 4   | M60   | 05:47,0 |
| 116  | W | 28    | 00:28:59 | Hermans, Nina           | 308    |     | Alemannia Aachen           | 1994 | 2   | WJugB | 05:47,8 |
| 117  | W | 29    | 00:28:59 | Brülls, Lina            | 740    |     | Alemannia Aachen           | 1996 | 3   | WJugB | 05:47,8 |
| 118  |   | 89    | 00:29:06 | Kuss, Joel              | 326    |     | Continental Reifen Deutsch | 1994 | 18  | MJugB | 05:49,2 |
| 119  | W | 30    | 00:29:18 | Küpper, Ina             | 408    |     | Simmerath                  | 1986 | 10  | WHK   | 05:51,6 |
| 120  |   | 90    | 00:29:19 | Gurke, Detlef           | 468    |     | Kerkrade                   | 1961 | 19  | M45   | 05:51,8 |



| Rang | G | Platz | Zeit     | Name                     | St.-Nr | NAT | Verein                     | Jahr | PAK | AK    | Min/KM  |
|------|---|-------|----------|--------------------------|--------|-----|----------------------------|------|-----|-------|---------|
| 121  |   | 91    | 00:29:20 | Zeugner, Volkmar         | 480    |     | Takeda Pharma              | 1953 | 2   | M55   | 05:52,0 |
| 122  |   | 92    | 00:29:22 | Ossmann, Martin          | 263    |     | FH-Aachen                  | 1959 | 5   | M50   | 05:52,4 |
| 123  |   | 93    | 00:29:26 | Kersten, Jan             | 541    |     | Alkuinschule               | 1996 | 19  | MJugB | 05:53,2 |
| 124  | W | 31    | 00:29:27 | Steup-Thiemann, Monika   | 227    |     | Team FH Aachen             | 1963 | 6   | W45   | 05:53,4 |
| 125  |   | 94    | 00:29:29 | Artkämper, Gerald        | 642    |     | Würselen                   | 1968 | 18  | M40   | 05:53,8 |
| 126  | W | 32    | 00:29:29 | Seebode, Dorothea        | 588    |     | Aachen                     | 1962 | 7   | W45   | 05:53,8 |
| 127  |   | 95    | 00:29:35 | Sauerwald, Martin        | 325    |     | Continental Reifen Deutsch | 1959 | 6   | M50   | 05:55,0 |
| 128  |   | 96    | 00:29:35 | Drankemöller, Dirk       | 312    |     | Stolberg                   | 1968 | 19  | M40   | 05:55,0 |
| 129  | W | 33    | 00:29:36 | Tribbels, Marina         | 692    |     | Alsdorf                    | 1968 | 6   | W40   | 05:55,2 |
| 130  |   | 97    | 00:29:37 | Kell, Laurin             | 386    |     | BTB C1                     | 1996 | 20  | MJugB | 05:55,4 |
| 131  |   | 98    | 00:29:37 | Peters, Ralf             | 335    |     | Continental Reifen Deutsch | 1967 | 20  | M40   | 05:55,4 |
| 132  | W | 34    | 00:29:40 | Beckers, Liza-Marie      | 653    |     | Berlin                     | 1990 | 11  | WHK   | 05:56,0 |
| 133  |   | 99    | 00:29:45 | Speetzen, Nils           | 690    |     | Hasenfüße Hitfeld          | 1998 | 21  | MJugB | 05:57,0 |
| 134  | W | 35    | 00:29:45 | Amedick, Ing. Katrin     | 76     |     | Aachen                     | 1984 | 12  | WHK   | 05:57,0 |
| 135  | W | 36    | 00:29:53 | Klafka, Rafaela          | 246    |     | Aachen                     | 1994 | 4   | WJugB | 05:58,6 |
| 136  | W | 37    | 00:29:53 | Jochum, Sabine           | 472    |     | Takeda Pharma              | 1969 | 7   | W40   | 05:58,6 |
| 137  | W | 38    | 00:29:54 | Schmidtke, Sabine        | 118    |     | regio iT aachen            | 1968 | 8   | W40   | 05:58,8 |
| 138  | W | 39    | 00:29:54 | Bongard, Gabi            | 107    |     | regio iT aachen            | 1970 | 9   | W40   | 05:58,8 |
| 139  |   | 100   | 00:29:56 | Klafka, Peter            | 245    |     | Aachen                     | 1965 | 20  | M45   | 05:59,2 |
| 140  |   | 101   | 00:30:11 | Prang, Thomas            | 477    |     | Takeda Pharma              | 1969 | 21  | M40   | 06:02,2 |
| 141  | W | 40    | 00:30:13 | Balg, Dr. Ing. Ulrike    | 197    |     | TFI                        | 1964 | 8   | W45   | 06:02,6 |
| 142  | W | 41    | 00:30:16 | Ziemans, Hannah          | 770    |     | LG Nonnenbunker            | 1996 | 5   | WJugB | 06:03,2 |
| 143  | W | 42    | 00:30:17 | Ellinghoven, Nina        | 771    |     |                            | 1994 | 6   | WJugB | 06:03,4 |
| 144  |   | 102   | 00:30:17 | Khelifa, David           | 324    |     | Continental Reifen Deutsch | 1998 | 22  | MJugB | 06:03,4 |
| 145  | W | 43    | 00:30:24 | Koch, Monika             | 181    |     | Aachen                     | 1972 | 5   | W35   | 06:04,8 |
| 146  | W | 44    | 00:30:26 | Offermann, Sabine        | 250    |     | TFI                        | 1969 | 10  | W40   | 06:05,2 |
| 147  |   | 103   | 00:30:36 | Baruth, Frank            | 322    |     | Continental Reifen Deutsch | 1960 | 7   | M50   | 06:07,2 |
| 148  | W | 45    | 00:30:36 | Hehn, Julia              | 343    |     | Continental Reifen Deutsch | 1994 | 7   | WJugB | 06:07,2 |
| 149  | W | 46    | 00:30:39 | Stick-Waberski, Anke     | 413    |     | Rhenania Richterich        | 1966 | 11  | W40   | 06:07,8 |
| 150  | W | 47    | 00:30:39 | Schäfer, Monika          | 287    |     | Aachen                     | 1965 | 9   | W45   | 06:07,8 |
| 151  |   | 104   | 00:30:44 | Winen, Raymond           | 332    |     | Continental Reifen Deutsch | 1964 | 21  | M45   | 06:08,8 |
| 152  | W | 48    | 00:30:50 | Ludwig, Stefanie         | 419    |     | Aachen                     | 1976 | 2   | W30   | 06:10,0 |
| 153  | W | 49    | 00:30:51 | Huth, Michaela           | 285    |     | PTSV Aachen                | 1959 | 1   | W50   | 06:10,2 |
| 154  | W | 50    | 00:30:53 | Hehn, Jessica            | 344    |     | Continental Reifen Deutsch | 1996 | 8   | WJugB | 06:10,6 |
| 155  |   | 105   | 00:30:56 | Weber, Patrick           | 77     |     | Alsdorf                    | 1981 | 10  | MHK   | 06:11,2 |
| 156  |   | 106   | 00:30:58 | Uerlings, Norbert        | 399    |     | BTB C1                     | 1966 | 22  | M40   | 06:11,6 |
| 157  |   | 107   | 00:31:03 | Bourceau, Paul           | 385    |     | BTB C1                     | 1997 | 23  | MJugB | 06:12,6 |
| 158  | W | 51    | 00:31:16 | Gersenich, Marlene       | 372    |     | SG Sparkasse Aachen        | 1962 | 10  | W45   | 06:15,2 |
| 159  |   | 108   | 00:31:22 | Janßen, Michael          | 364    |     | RS Steinmetz und Dr. Otte  | 1978 | 9   | M30   | 06:16,4 |
| 160  |   | 109   | 00:31:25 | Schlochtermeyer, Jens    | 254    |     | Aachen                     | 1962 | 22  | M45   | 06:17,0 |
| 161  | W | 52    | 00:31:39 | Gassert-Schumacher, Dr.  | 185    |     | Aachen                     | 1968 | 12  | W40   | 06:19,8 |
| 162  |   | 110   | 00:31:44 | Hess, Jan                | 558    |     | Alkuinschule               | 2000 | 24  | MJugB | 06:20,8 |
| 163  | W | 53    | 00:31:48 | Schlepper, Britta        | 450    |     | Aachen                     | 1966 | 13  | W40   | 06:21,6 |
| 164  | W | 54    | 00:31:53 | Schmitz, Eva-Maria       | 317    |     | Continental Reifen Deutsch | 1982 | 13  | WHK   | 06:22,6 |
| 165  | W | 55    | 00:31:57 | Malakov, Evangelia       | 667    |     | Aachen                     | 1974 | 6   | W35   | 06:23,4 |
| 166  |   | 111   | 00:32:25 | Arndt, Dieter            | 314    |     | Continental Reifen Deutsch | 1962 | 23  | M45   | 06:29,0 |
| 167  |   | 112   | 00:32:25 | Vaessen, Theo            | 338    |     | Continental Reifen Deutsch | 1954 | 3   | M55   | 06:29,0 |
| 168  | W | 56    | 00:32:28 | Antoniesen, Angela       | 140    |     | Würselen                   | 1968 | 14  | W40   | 06:29,6 |
| 169  |   | 113   | 00:32:37 | Nagurnyy, Oleksandr      | 331    |     | Continental Reifen Deutsch | 1966 | 23  | M40   | 06:31,4 |
| 170  |   | 114   | 00:32:37 | Smolarz, Darius          | 345    |     | Continental Reifen Deutsch | 1968 | 24  | M40   | 06:31,4 |
| 171  | W | 57    | 00:32:42 | Steup, Elke              | 188    |     | Lustlauf Mein Verein       | 1976 | 3   | W30   | 06:32,4 |
| 172  |   | 115   | 00:32:47 | Castro, Daniel           | 390    |     | BTB C1                     | 1996 | 25  | MJugB | 06:33,4 |
| 173  |   | 116   | 00:32:55 | Lütz, Tim                | 396    |     | BTB C1                     | 1996 | 26  | MJugB | 06:35,0 |
| 174  |   | 117   | 00:33:00 | von Beilstein, Christoph | 782    |     |                            | 1965 | 24  | M45   | 06:36,0 |
| 175  |   | 118   | 00:33:01 | Lock, Heinz              | 516    |     | Medaix                     | 1948 | 5   | M60   | 06:36,2 |
| 176  |   | 119   | 00:33:18 | Joeris, Georg            | 641    |     | Würselen                   | 1961 | 25  | M45   | 06:39,6 |
| 177  |   | 120   | 00:33:19 | Drevenstedt, Ulf         | 470    |     | Bergheim                   | 1963 | 26  | M45   | 06:39,8 |
| 178  |   | 121   | 00:33:22 | Winter, Luca             | 789    |     | Püngelland                 | 1995 | 27  | MJugB | 06:40,4 |
| 179  |   | 122   | 00:33:23 | Theede, Winfried         | 87     |     | Team FH Aachen             | 1954 | 4   | M55   | 06:40,6 |
| 180  | W | 58    | 00:33:25 | Klassmann, Angela        | 224    |     | CDU/FU                     | 1961 | 11  | W45   | 06:41,0 |



| Rang | G | Platz | Zeit     | Name                    | St.-Nr | NAT | Verein                     | Jahr | PAK | AK    | Min/KM  |
|------|---|-------|----------|-------------------------|--------|-----|----------------------------|------|-----|-------|---------|
| 181  | W | 59    | 00:33:28 | Tegtmeyer, Vanessa      | 193    |     | Medaix                     | 1969 | 15  | W40   | 06:41,6 |
| 182  | W | 60    | 00:33:29 | Hannotte, Birgit        | 141    |     | Aachen                     | 1973 | 7   | W35   | 06:41,8 |
| 183  |   | 123   | 00:33:30 | Simon, André            | 195    |     | Medaix                     | 1975 | 10  | M35   | 06:42,0 |
| 184  |   | 124   | 00:33:33 | Winter, Joe             | 788    |     | Püngelland                 | 1960 | 8   | M50   | 06:42,6 |
| 185  |   | 125   | 00:33:41 | Hehn, Norbert           | 341    |     | Continental Reifen Deutsch | 1958 | 9   | M50   | 06:44,2 |
| 186  | W | 61    | 00:33:42 | Baruth, Julia           | 321    |     | Continental Reifen Deutsch | 1990 | 14  | WHK   | 06:44,4 |
| 187  | W | 62    | 00:33:55 | Justus, Martina         | 634    |     | Aachen                     | 1969 | 16  | W40   | 06:47,0 |
| 188  |   | 126   | 00:33:57 | Vollmer, Simon          | 85     |     | Aachen                     | 1995 | 28  | MJugB | 06:47,4 |
| 189  | W | 63    | 00:33:57 | Hochgesand, Patricia    | 727    |     |                            | 1970 | 17  | W40   | 06:47,4 |
| 190  | W | 64    | 00:34:01 | Gelderblom, Sophia      | 196    |     | TFI                        | 1972 | 8   | W35   | 06:48,2 |
| 191  | W | 65    | 00:34:02 | Szczukowsky, Bettina    | 84     |     | Aachen                     | 1968 | 18  | W40   | 06:48,4 |
| 192  |   | 127   | 00:34:03 | Stanzel, Clemens        | 167    |     | Medaix                     | 1963 | 27  | M45   | 06:48,6 |
| 193  | W | 66    | 00:34:03 | Cohnen, Verena          | 624    |     | Medaix                     | 1964 | 12  | W45   | 06:48,6 |
| 194  |   | 128   | 00:34:09 | Huther, Jonas           | 214    |     | Verein Radsport 1921 Mün   | 1983 | 11  | MHK   | 06:49,8 |
| 195  | W | 67    | 00:34:24 | Hehn, Jennifer          | 342    |     | Continental Reifen Deutsch | 1992 | 2   | WJugA | 06:52,8 |
| 196  | W | 68    | 00:34:27 | Hintzen, Edith          | 98     |     | TK - Meine Nr. 1           | 1966 | 19  | W40   | 06:53,4 |
| 197  | W | 69    | 00:34:35 | Krapp, Aline            | 265    |     | Würselen                   | 1980 | 4   | W30   | 06:55,0 |
| 198  | W | 70    | 00:34:36 | Esser, Cornelia         | 455    |     | BFT Planung                | 1962 | 13  | W45   | 06:55,2 |
| 199  | W | 71    | 00:34:37 | Huppertz, Petra         | 63     |     | Lustlauf Mein Verein       | 1963 | 14  | W45   | 06:55,4 |
| 200  |   | 129   | 00:34:39 | Plastrotmann, Felix     | 391    |     | BTB C1                     | 1996 | 29  | MJugB | 06:55,8 |
| 201  |   | 130   | 00:34:45 | Uerlings, Luca          | 389    |     | BTB C1                     | 1996 | 30  | MJugB | 06:57,0 |
| 202  | W | 72    | 00:34:47 | Müller, Anja            | 781    |     | Alkuinschule               | 1968 | 20  | W40   | 06:57,4 |
| 203  | W | 73    | 00:34:47 | Kersten, Andrea         | 542    |     | Alkuinschule               | 1965 | 15  | W45   | 06:57,4 |
| 204  | W | 74    | 00:35:02 | Prang, Kirstin          | 476    |     | Takeda Pharma              | 1971 | 9   | W35   | 07:00,4 |
| 205  | W | 75    | 00:35:04 | Eck, Monika             | 581    |     | St. Leonhard               | 1973 | 10  | W35   | 07:00,8 |
| 206  | W | 76    | 00:35:05 | Lützeler, Martina       | 294    |     | Aachen                     | 1967 | 21  | W40   | 07:01,0 |
| 207  | W | 77    | 00:35:06 | Grömlund, Julia         | 638    |     | Aachen                     | 1978 | 5   | W30   | 07:01,2 |
| 208  | W | 78    | 00:35:08 | Boekmann, Hildegard     | 416    |     | Medaix                     | 1962 | 16  | W45   | 07:01,6 |
| 209  | W | 79    | 00:35:11 | Grabowski, Stefanie     | 499    |     | Aachen                     | 1968 | 22  | W40   | 07:02,2 |
| 210  | W | 80    | 00:35:15 | Beaujean, Regina        | 378    |     | Medaix                     | 1955 | 2   | W55   | 07:03,0 |
| 211  | W | 81    | 00:35:17 | Reil, Karin             | 478    |     | Takeda Pharma              | 1967 | 23  | W40   | 07:03,4 |
| 212  | W | 82    | 00:35:21 | Otten, Birgitt          | 362    |     | RS Steinmetz und Dr. Otte  | 1966 | 24  | W40   | 07:04,2 |
| 213  | W | 83    | 00:35:26 | Peters, Bianca          | 363    |     | RS Steinmetz und Dr. Otte  | 1980 | 6   | W30   | 07:05,2 |
| 214  |   | 131   | 00:35:45 | Schlör, Phillip         | 387    |     | BTB C1                     | 1997 | 31  | MJugB | 07:09,0 |
| 215  | W | 84    | 00:35:47 | Hoffmann, Melanie       | 238    |     | Eschweiler                 | 1987 | 15  | WHK   | 07:09,4 |
| 216  | W | 85    | 00:35:47 | Wiehle, Valeska         | 239    |     | Aachen                     | 1987 | 16  | WHK   | 07:09,4 |
| 217  |   | 132   | 00:35:54 | Weber, Jan              | 397    |     | BTB C1                     | 1996 | 32  | MJugB | 07:10,8 |
| 218  | W | 86    | 00:35:57 | Gerhards, Aline         | 213    |     | Aachen                     | 1990 | 17  | WHK   | 07:11,4 |
| 219  | W | 87    | 00:35:57 | Schmidt, Stefanie       | 212    |     | Aachen                     | 1981 | 18  | WHK   | 07:11,4 |
| 220  | W | 88    | 00:36:08 | von Löhneysen, Madelein | 792    |     |                            | 1949 | 1   | W60   | 07:13,6 |
| 221  |   | 133   | 00:36:22 | Pohl, Stephan           | 475    |     | Takeda Pharma              | 1980 | 10  | M30   | 07:16,4 |
| 222  |   | 134   | 00:36:23 | Enekes, Claus           | 47     |     | bRENNstoff                 | 1979 | 11  | M30   | 07:16,6 |
| 223  | W | 89    | 00:36:23 | Simon, Isabell          | 48     |     | bRENNstoff                 | 1985 | 19  | WHK   | 07:16,6 |
| 224  | W | 90    | 00:36:29 | Von Abercron, Bettina   | 442    |     | Aachen                     | 1979 | 7   | W30   | 07:17,8 |
| 225  | W | 91    | 00:36:29 | Richter, Kirsten        | 448    |     | BRENNstoff                 | 1970 | 25  | W40   | 07:17,8 |
| 226  | W | 92    | 00:37:15 | Weyers, Renate          | 466    |     | Germania Dürwiss           | 1959 | 2   | W50   | 07:27,0 |
| 227  | W | 93    | 00:37:16 | Schönbein, Manuela      | 189    |     | TFI                        | 1965 | 17  | W45   | 07:27,2 |
| 228  | W | 94    | 00:37:27 | Braun, Daniela          | 58     |     | Lustlauf mein Verein       | 1971 | 11  | W35   | 07:29,4 |
| 229  | W | 95    | 00:37:38 | Philipp, Beate          | 623    |     | LG Germania Freund         | 1966 | 26  | W40   | 07:31,6 |
| 230  | W | 96    | 00:38:06 | Dormeier, Dr. Silke     | 159    |     | Herzogenrath               | 1977 | 8   | W30   | 07:37,2 |
| 231  | W | 97    | 00:38:22 | Pelgro, Enia            | 538    |     | Alkuinschule               | 2000 | 9   | WJugB | 07:40,4 |
| 232  | W | 98    | 00:38:34 | Schneiders, Carola      | 382    |     | lächeln statt hecheln      | 1975 | 12  | W35   | 07:42,8 |
| 233  | W | 99    | 00:38:34 | Schneiders, Barbara     | 452    |     | Mönchengladbach            | 1967 | 27  | W40   | 07:42,8 |
| 234  | W | 100   | 00:39:44 | Grondal, Johanna        | 36     |     | Niederkassel               | 1985 | 20  | WHK   | 07:56,8 |
| 235  | W | 101   | 00:39:45 | Baltzer, Diane          | 705    |     | Aachen                     | 1972 | 13  | W35   | 07:57,0 |
| 236  | W | 102   | 00:39:46 | Fallah, Silke           | 704    |     | Aachen                     | 1971 | 14  | W35   | 07:57,2 |
| 237  | W | 103   | 00:40:13 | Khelifa, Ilona          | 323    |     | Continental Reifen Deutsch | 1966 | 28  | W40   | 08:02,6 |
| 238  |   | 135   | 00:41:55 | Jezewski, Frank         | 502    |     | Aachen                     | 1967 | 25  | M40   | 08:23,0 |
| 239  |   | 136   | 00:44:34 | Hensel, Dieter          | 426    |     | Lebenshilfe Aachen         | 1961 | 28  | M45   | 08:54,8 |